August 20, 2017

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Series: The Principle of the Path

Today's Message: The Heart of The Matter

Review: 1. Many want a solution to their problems but don't want to see how they have
to <u>follow</u> in the <u>wrong direction</u> .
2. " <u>Direction</u> - not determines our destination." ~Andy Stanley
3. "We win or lose by the we choose."
The Heart of The Matter
The Great Pop Myth: heard in movies, songs, stories—"Follow your heart."
Problem: We are not on a truth quest—we are on a quest.
* Pursuing "happy paths" can be good—but there are in the road, places where our happiness quest <u>becomes dangerous</u> .
#1. Happy Today But Why So Short-Term?
Proverbs 16:25 "There is a way that seems right but its end is the way to death."
Questions: Why short-term? Why do I have to <u>have it now</u> ? Why do I end up where I $\underline{\text{didn't want to}}$ $\underline{\text{go}}$?
Answer: We <u>listen</u> to ourselves until we <u>believe</u> our own lies: we have to have happiness now.
Strange: Even when we don't do wrong, we still feel anecd to make excuses.
Reality: * We listen to our hearts—then <u>assign our heads</u> to <u>find reasons</u> to <u>support</u> our heart's <u>decisions</u> .
* Self-deception is easy when emotions rule—especially love.
* Get out of debt * Stay out of bed * Clean out the
#2. What You Know Will Hurt You
<u>Proverbs 3:5, 6</u> "Trust in the Lord with all your heart and <u>lean not</u> on your own understanding; in <u>all</u> your ways <u>acknowledge Him</u> , and <u>He will direct your paths</u> ."
Truth: You can't get to where you want to be unless you know where you are to begin with.
Problem: Self-deception - <u>not willing to admit</u> where I am: "All is fine" "All will work out"
Jeremiah 17:9 "The heart of deceitful above all things and beyond cure. Who can understand it?"
⇒ We don't just lie to ourselves—we're genuinely deceived: VERY DANGEROUS
#3. Coming To The Truth

<u>John 8:32</u> "And you shall <u>know</u> the <u>truth</u>, and the <u>truth</u> shall make <u>you free</u>."

* Instead of <u>looking for excuses</u> to prop up your heart decisions, <u>start looking</u> for the real <u>reasons</u> you

wont to do things.

<u>Psalm 139:23</u> "Search me, O God and <u>know my heart: test me</u> and <u>know my thoughts</u>. See if there is <u>any offensive way</u> in me and <u>lead me</u> in the <u>way everlasting</u>."

* In light of my past experience, my future hopes, and my dreams, what is the wise thing to do?

Our Need:

- * Clarity to know what to do
- * Courage to do it
- * Refusing to be deceived by your heart